



*Our mission is to educate, support and strengthen the image for nurses by speaking out for nursing and speaking out for health.*

*We respect human dignity and are committed to diversity, inclusively and democracy. Our mission is to show leadership through working with our communities, the general public, nurses, other health care providers, nursing organizations and groups to advance the profession of nursing.*

## A message from MINIG

The Registered Nurses Association of Ontario (RNAO) celebrated its 90<sup>th</sup> Annual General Meeting in Toronto. The event focused on nursing's influence and impact locally, provincially, nationally, and internationally. Speakers alluded to the history of the association discussing the amazing forward strides our profession has made. RNAO stemmed from a small group of graduate nurses to becoming a provincial association with exceptional political influence, championing advocacy, and fostering innovation for people. The voice of nurses have been heard by many decision makers across provinces and territories. For instance, Ontario's Minister of Health and Long-Term Care, Dr. Eric Hoskins, announced that the RNAO's Best Practice Guidelines have become so successful nationally, and internationally renowned that Ontario is investing an additional \$500 000 into the program. In addition, RNAO's CEO Dr. Doris Grinspun addressed the concerns of RN cuts in Ontario by announcing the launch of the RN Replacement Taskforce to further explore this area.

### *In This Issue*

*A message from MINIG*

*Membership Update*

*Why Nursing? – One student's decision to become a nurse*

[www.minig.rnao.ca](http://www.minig.rnao.ca)

[minig.rnao@gmail.com](mailto:minig.rnao@gmail.com)



**DO YOU HAVE A QUESTION OR  
WOULD LIKE TO GET MORE  
INVOLVED? CHECK OUT OUR  
WEBSITE, FACEBOOK PAGE, OR  
SEND US AN EMAIL**

Interestingly, as MINIG approaches nearly a decade since inception, there has been a continuous progression. MINIG's 2014-2015 AGM was held at RNAO's home office with strong presence. Executive member's in attendance outlined the achievements of MINIG including the successful pilot presentation NCLEX webconference that featured international guest speakers from the American Assembly of Men in Nursing; partnerships that were established with academic institutions; as well as complimenting RNAOs Nurse Ambassador programs to strengthen the image of nursing. Furthermore, MINIG amended the Terms Of Reference to utilize an innovative approach that is grounded in succession planning and executive sustainability, where the President position will involve phases of President-Elect -> President-inChief -> and President-Immediate Past President. The executive team hopes this approach will help address the challenge shared amongst RNAO chapters and interest groups.

MINIG is inspired by the AGM attendees. Their input, ideas, and discussions strengthened MINIG's plans as we venture towards continuous growth similar to RNAO's strides. MINIG thanks Mr. David Mastrangelo as he moves from his Vice President position towards a consulting role for the executive board. MINIG wishes David the very best as he furthers his leadership opportunities in his career. Ms. Parul Giare succeeds the Vice President position as she was unanimously voted in. Parul will continue to serve her Membership Officer position as well. MINIG welcomes Mr. Philip Wong as he successfully takes on President-inChief until next year 2016. Mr. Franklin Gorospe remains as the Immediate Past President that will be critical to advising the executive team. Franklin will continue to be the Finance Officer. Lastly, Mr. Stanley Chung has successfully been elected as President-Elect. Stanley will support and learn from Philip as he transitions into the leadership role.

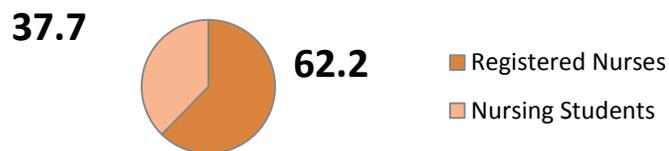
As we venture toward the 2014-2015 year, we will continue to engage the community and speaking up for nursing in the upcoming years. We are inviting our members, past-members, and future-members to help us grow. MINIG believes that strength comes in numbers. Your input as an executive member and adhoc will help us achieve this growth. This year, our focus is to launch the pilot school outreach project where MINIG members visit secondary schools and speak about nursing as a career. We are excited to have you participate where ever you maybe (via phone, internet, or in-person). The opportunity awaits!

Philip Wong, President-in-chief  
Stanley Chung, President Elect  
Franklin Gorospe, Immediate Past President

## Membership Update

### Men In Nursing Interest Group Membership Statistics April 2015

#### Chart 1: MINIG Membership April 2015



The total number of MINIG members as of April 2015 is 122. Out of which 62.2% are Registered Nurses'. Nursing students make up 37.7% of the membership, an increase of 14.9% in comparison to the statistics from Jan 2015.

Parul Giare  
Membership Officer

## Why Nursing?

In February of this year, our student representative had the pleasure of interviewing male Humber College nursing student and supporter of MINIG, Matt Lipinski. Here's what he had to say about his decision to join nursing:

1. What influenced/ brought you to be a healthcare professional, particularly into the field of nursing?

### Matt:

I would probably have to go way back to my high school days in religion class in which I realized about different cultures and how people can help others in difficult situations. My father encouraged me to really consider healthcare as a field. That's when I started volunteering at the local emergency department where I was exposed to the dynamics of the hospital, in particular nursing.

2. What does it mean to you to be a student representative for your school?

### Matt:

First of all it's an honour to be a representative of my peers, which is very inspiring. Because of this I feel an obligation to give back to my colleagues through action such as bringing students together, engaging in collaborations, networking and by sharing knowledge.

3. What are some of the obstacles you've had to overcome throughout your student nursing experience?

### Response

Without a doubt I must admit that there have been obstacles I've faced during my experience so far. For one, not being fully aware of patient's cultural practices. Time management skills, especially when I'm

Cont'd from last page...

already overloaded with patient tasks!

How do you intend to address this moving forward?

I feel the more experience I gain the more adept I'll become at dealing with these things when they arise.

4. The landscape of health is rapidly changing, where do you see nurses in the future in terms of advocacy and visibility?

### Response

I see nurses at the forefront of healthcare. I see the scope of our proactive increasing. I think future will see an increased presence of nurses in the community. Overall, I see nurses in a working in greater capacities within healthcare services as well as more public advocacy surrounding the Social Determinants of Health.



Cont'd from last page...

5. What area of nursing interests you the most?

Response

Acute/ Internal medicine because it gives me the most opportunities to utilize my skills, which are always evolving.

6. If you were to be a super hero with super power what would you be? How would you use your power for the beneficence of the greater good?

Response

HA HA HA HA, uuuummmm, "X-Ray Vision without any harmful radiation emissions! This will allow me see what's going on with patients diagnostically so that I can give advice about their diagnoses.

Dayo Atilola  
Student Representative

## MINIG Executive – Contact Information

Philip Wong, President-in-Chief,  
[philipwong123@gmail.com](mailto:philipwong123@gmail.com)

Stanley Chung, President Elect, Education  
Officer  
[stankhchung3@gmail.com](mailto:stankhchung3@gmail.com)

Franklin Gorospe, Immediate Past  
President, Financial Officer  
[E71312@hotmail.com](mailto:E71312@hotmail.com)

Parul Giare, Membership Officer  
[parul.giare@gmail.com](mailto:parul.giare@gmail.com)

Francis Cacao, Recruitment and Retention  
Officer  
[fcacao29@yahoo.ca](mailto:fcacao29@yahoo.ca)

Dayo Atilola, Student Representative  
[dayoatilola@gmail.com](mailto:dayoatilola@gmail.com)