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Welcome from the MINIG Executive

Hello to all,

David and I are extremely pleased to be the new presidents of MINIG. As we begin this year, we are happy to announce that all our executive positions are filled and we are looking forward to an exciting journey ahead. We are proud of all the accomplishments that MINIG has been able to achieve to date and thankful for the dedication, trust and support given to us by our members over the last couple of years. We are looking forward to gaining strength and momentum, continue to forge ahead, and strive to make a difference in the health care arena. At our last executive meeting, we have been able to reconfirm our vision, mission and goals. With new leadership, we will continue to educate, conduct workshops and hold conferences to support and promote image and role of men in nursing.

As a career, nursing offers a unique combination of employment security and adrenaline-pumping excitement. The opportunities are limitless and include positions in nursing ranging from bed side or front line positions to key leadership roles. Other opportunities include various roles in research, advance practice, education roles, allied health and health care to new frontiers. Although the number of men in nursing still represent only about 5% of all nurses in Ontario, one of MINIG's goals is to improve recruitment strategies to attract more men into nursing as this is an untapped resource accounting for up to 50% of the population. In partnership with key nursing leaders and the entire nursing profession, one of MINIG's goals is to work hard at eliminating the various derogatory, inappropriate and out right wrong misconceptions and stereotypes about men in nursing and nursing in general. This year, MINIG aims to double its membership, so please spread the word, because we are coming, "Who is man enough to become a Nurse?"

Daniel Ball and David Keselman

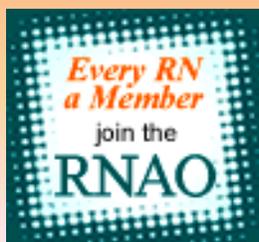
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- Why Nursing?

Nurses, because of their numbers and influential attitude, are the only group that can effectively redesign the health system.

Canadian Nurses Association,
2006



Men's Health Issue

Did you know?

- Testicular cancer is the most common form of cancer in young men (aged 15-35)
- Ontario has seen nearly a 60% rise in the incidence of testicular cancer over the last 30 years!

Examine your testicles regularly in the shower. Self assessment is key. Men should regularly check for swelling, hardness, and enlargement. 80-90% of cases are painless. Check yourself and spread the word to other young men. This type of cancer is highly curable if found early.



Some of the most common health concerns faced by young men:

- Sex, sexuality and sexual health
- Sexually Transmitted Disease
- Mental health – stress
- Substance misuse

The goods on men's health

- They choose not to visit the doctor as often as women
- Are more likely to suffer chronic conditions and fatal diseases
- Depression and mental health issues tend to be overlooked in men

Darrell Jutzi RN, BScN
Public Health Nurse

Member's Voice

Why Nursing?



With 'spring break' in sight, we continuously hear the echoes of recession, layoffs, and inflation in the media. Although the New Year brings hope of good fortune, most Ontarians begin to prepare for the financial hardships ahead. We empathize with business proprietors, homeowners, and everyone in between as we all venture into these trying times.

We feel the cold weather temporarily upon us; the enduring chills of a global economic struggle will impact the generations to follow. Currently, we are already observing the ripple effect of health care organizations' budgetary constraints on the quality of patient care delivery. Yet in the midst of all the struggles, we must not forget the essence of our profession – people. The grandparent waiting patiently in emergency...The child who has to call the hospital home...Families struggling to make ends meet...Loved ones who tirelessly care for those experiencing altered health status...the amazing stories go on and on and on. So, why nursing? As the newly inaugurated American president remarked 'Yes, We Can!' Nurses are in a privileged position where WE CAN foster a memorable experience with our clients, WE CAN 'be there' for them during times of hardships, and WE CAN do the very best that we could when seemingly impossible odds are upon them.

Franklin F. Gorospe IV RN BScN MN(c)